

# Food Allergies & Intolerances

Please inform your server of any allergies before placing your order, please ask for our allergen chart for all dishes. Allergens listed are correct at the time of print. We cannot guarantee the total absence of allergens in our dishes. All dishes are prepared in a kitchen using gluten, nuts, seafood & dairy products.



La Place Hotel, Route du Coin, St Brelade, Jersey, Channel Islands, JE3 8BT T: +44 (0)1534 744261

www.hotellaplacejersey.com







8am - 10am Monday - Sunday 8am - 10am Bank Holidays



#### **TEAS**

Breakfast Tea • Earl Grey • Decaffeinated Tea • Red Berry Chamomile • Peppermint • Green Tea • Lemon & Ginger



## **COFFEE**

Illy Filter Coffee • Espresso • Cappuccino • Americano • Latte



#### HOT CHOCOLATE

Aero Hot Chocolate



# **WATER & JUICES**

Hildon Still and Sparkling Mineral Water Orange • Apple • Grapefruit • Tomato Cranberry • Passionfruit



## **CEREALS**

Special K • Granola • Coco Pops • Cornflakes Rice Krispies • Alpen • Bran Flakes • Weetabix • Frosties Fruit & Fibre • Porridge & Hot Milk or Cream



# **BAKERY**

White, Granary or Wholemeal Toast • Pain au Chocolat Mini Danish Pastry • Croissant • Chocolate Muffin Blueberry Muffin • Baguette • French Loaf La Place Breakfast Rolls



#### **FRUIT**

Prunes • Fresh Fruit Bowl • Pink Grapefruit • Watermelon Galia Melon • Orange Segments • Berry Fruit • Banana Chips Chopped Walnuts • Pumpkin Seeds • Sunflower Seeds Chia Seeds



## **DELI**

Jersey Natural & Jersey Fruit Yoghurt Cold Meats & Cheese • Activia Low Fat Yoghurt



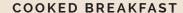
## **PRESERVES**

Marmalade • Apricot • Honey • Strawberry Raspberry • Blackcurrant • Marmite • Nutella



## CONTINENTAL BREAKFAST

£14.00 per person



8am - 10am Monday - Sunday 8am - 10am Bank Holidays



#### **HOUSE BREAKFAST**

Please choose from the following options:

Bacon • Black Pudding • Baked Beans Hash Brown • Fried Bread • Grilled Tomato Mushrooms • Cumberland Sausage

With one choice of the following: Poached, Scrambled, Fried or Boiled Eggs



#### **SMOKED FISH**

Grilled Kippers or Natural Smoked Haddock



## **VEGETARIAN BREAKFAST**

Vegetarian Sausage • Grilled Tomato • Mushrooms Hash Browns • Beans

With one choice of the following: Poached, Scrambled, Fried or Boiled Eggs



# LA PLACE SPECIALITY EGG DISHES

Eggs Benedict Ham, Poached Egg, Hollandaise & Toasted Muffin

> Egg Soldiers Two Boiled Eggs & White Toast

Smoked Salmon & Scrambled Egg

Poached Eggs & Avocado
Poached Eggs on Toast on a Bed of Avocado
with Chilli's and Cherry Tomatoes on Brown Toast



# LA PLACE CHAMPAGNE BREAKFAST

£15.00 per person supplement

Continental Breakfast Selection Smoked Salmon & Scrambled Egg Glass of House Champagne



# COOKED AND CONTINENTAL BREAKFAST

£18.00 per person